









# Decoding Consumer Accounts



	Healthcare Flexible Spending Account <b>HCFSA</b>	Limited Purpose Flexible Spending Account <b>LPFSA</b>	Health Savings Account <b>HSA</b>	Dependent Care Flexible Spending Account <b>DCFSA</b>	Integrated/Medical <b>HRA</b>
 <b>Can be used to reimburse</b>	Eligible medical, dental, vision and Rx expenses	Eligible vision and dental expenses	Eligible healthcare expenses, COBRA premiums, LTC premiums, retiree healthcare premiums	Eligible dependent care costs	Eligible out-of-pocket medical expenses
 <b>Plan considerations</b>	Can't be used when enrolled in HSA	Can be used in addition to an HSA account	Only offered in conjunction with a High Deductible Health Plan (HDHP). Participation in any disqualifying plans will make a participant ineligible. Example of disqualifying plans: Healthcare FSA (including if your spouse participates in a Healthcare FSA through their employer), a traditional PPO or HMO plan, any part of Medicare.	Dependents include children under age 13 and/or a spouse and adult dependent unable to care for themselves.	Must be offered with group health coverage that meets the ACA's health plan requirements.
 <b>Funded by</b>	Generally, the employee, although employers can contribute following certain rules and limitations.	Generally, the employee, although employers can contribute following certain rules and limitations.	Employee, employer or both	Generally, the employee, although employers can contribute following certain rules and limitations.	Employer
 <b>Funding limits</b>	2024 annual limit: <b>\$3,200</b>	2024 annual limit: <b>\$3,200</b>	<b>2024 annual limits:</b> \$4,150 for employee only; \$8,300 for family coverage. Additional \$1,000 catch up contribution if 55 or older. <b>2025 annual limits:</b> \$4,300 for employee only; \$8,550 for family coverage. Additional \$1,000 catch up contribution if 55 or older.	2024 annual household limit: <b>\$5,000</b> for married filing jointly or a single parent; <b>\$2,500</b> per parent if filing separately	None
 <b>Funds are available</b>	Full annual amount available from day one of the plan year.	Full annual amount available from day one of the plan year.	Up to amount deposited	Up to amount deposited	HRA funds are not typically deposited. The amounts are made available at the time of claims.
 <b>Carryover rules</b>	Up to <b>\$640</b> carryover of unused funds to the next year, if allowed by employer.	Up to <b>\$ \$640</b> carryover of unused funds to the next year, if allowed by employer.	Full balance carries over each year	There are typically no carryover rules, but DC FSA plans can have the grace period provision which extends the period of time to incur claims.	Allowed, but not common. Determined by employer when designing plan.
