

Save Money

on Everyday Expenses



Scan to find out more about
the accounts you have access to
through your benefits program.

Enroll (or re-enroll) in a
MyChoice[®] Account during
annual enrollment this year.

mychoiceaccounts.com



Did you know the average US family spends *\$1,600 a year* on items that are considered eligible medical expenses?

With a healthcare FSA or HRA or an HSA, there are hundreds of eligible expenses to use your account.

- Acne Treatment
- Allergy Medicine
- Blood Pressure Monitoring
- Breast Pump
- Contact Lenses
- Copayments (Medical and Prescription)
- Deductible
- Dental Cleaning
- Durable Medical Equipment (walkers, crutches, and more)
- Eye Exams
- Feminine Care Items
- Fertility Treatment
- Flu Shot or Vaccines
- Glasses - Prescription
- Hearing Aids
- Heart Rate Monitors
- Heating Pads
- Insulin and Diabetic Supplies
- Joint braces
- Lab Services
- Laser Eye Surgery
- Orthodontics - braces, retainers, etc.
- Over-the-counter (OTC) treatments
- Pain Medications
- Sunscreen
- And More

Curious about other items and whether they're covered? Use our searchable list. Just filter by your account type and look up everything from acid reducers to x-rays! (Hint: those are both eligible expenses)

mychoiceaccounts.com/participants/fsa-hra-eligible-expense
